



COLLEGE FOR OLDER ADULTS--FALL 2025
Southwest Virginia Higher Education Center
 1 Partnership Circle, P.O. Box 1987, Abingdon, VA 24212
 276-619-4300, 276-619-4377, www.swcenter.edu/COA
Registration Form

Name(Last)_____ (First)_____ Telephone(____)_____

Address (Street/PO Box)_____ Cellphone(____)_____

City/Town_____ State_____ Zip_____ Email_____

Emergency Contact_____ Emergency Telephone (____)_____

I am 50 years old or older (signature)_____ New Member? Y or N

Today's Date_____ Membership is \$40 and payment must be paid at the time of registration.

You are registering for the term and not per lecture. Some classes have limited numbers and will be filled on a first come/first served basis. If the class is full you will be contacted. By registering for classes, you grant permission for your photo to be taken and used for COA promotional purposes.

When registering in person, check the box for your course choices on the Registration form and mark them on the Course Descriptions pages. Turn in the Registration Form and KEEP the Course Descriptions for your records.

√	Dates	Time	Class	Instructor
MONDAYS				
	9/15	10:00-11:30 AM	Things to know (and Do) before publishing a book	Terry Shaw
	9/15-9/29	10:00-11:00 PM	Chair Yoga	Allison Linder
	9/15	12:30-2:00 PM	Appalachian Dialects (Zoom)	Amy Clark
	9/15	2:00-3:00 PM	Virtual Cadaver Lab	Kendra McReynolds
	9/22	10:00-11:30 AM	Our Blood Runs Black	Self & White
	9/22	12:30-2:00 PM	Town of Abingdon	Abingdon Tourism Staff
	9/29	10:00-11:30 AM	Civil War Legacy (Zoom)	Peter Thomas
	9/29	12:30-2:00 PM	Weather, Climate, and the American Civil War (Zoom)	Kenneth Noe
	9/29	2:00-3:00 PM	Virtual Cadaver Lab	Kendra McReynolds
	10/6	10:00-11:30 AM	Abingdon's Boarding House Murder	Greg Lilly
	10/6	12:30-2:00 PM	William King Museum of Art	Betsy White
	10/13	10:00-11:30 AM	Living Well with Diabetes and Associated Risk Factors	Rose Pignataro
	10/13	12:30-2:00 PM	Scott County Tourism Highlights	Brittany Robertson

TUESDAYS 10:00-11:30 AM				
	9/9-10/14	10:00-11:30 AM	Everyday Conflict Skills	Zane Scott
	9/16-10/21	10:00-11:30 AM	Acting/Readers Theatre	James Kroll
	9/9-10/14	10:00-11:30 AM	Ancient to Modern Hebrew alef-bet	Luetta Gay
	9/9-10/14	10:00-11:30 AM	Our Natural Heritage Series	Various
		Session 1	Appalachian Ethnobotany and Agroforestry	Ryan Huish
		Session 2	Maps: Viewing the World from Above	Link Elmore
		Session 3	The Natural History of Songbirds	Steven Hopp
		Session 4	The Blue Ridge Discovery Center	Lisa Benish
		Session 5	The Virginia Wilderness Committee	Lacey Dean
		Session 6	Butterflies of Far Southwest Virginia	Chris Allgyer

TUESDAYS 12:30-2:00 PM				
	9/9-10/14	12:30-2:00 PM	Mahjong	Susan Godfrey
	9/9-10/14	12:30-2:00 PM	U.S. Healthcare Finance	Robin Feirabend MD
	9/9-10/14	12:30-2:00 PM	Eclectic Topics in Science and Engineering	Jim Warden
	9/9-10/14	12:30-2:00 PM	Flannery O'Conner Short Stories	Judith Wylie

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WEDNESDAYS 10:00-11:30 AM				
	9/10-10/15	10:00-11:30 AM	Introduction to Computing	Sonia Vanhook
	9/10-10/15	10:00-11:30 AM	Immersion Room Experience	Karen Brown
	9/10-10/15	10:00-11:30 AM	Exploring the Films of Jean-Pierre Jeunet	Laken Bridges
	9/10-10/15	10:00-11:30 AM	Traveling Tales	Various
		Session 1	<i>Iceland: The Golden Circle</i>	Eileen Garner
		Session 2	<i>Kaleidoscope of Northern Ireland</i>	Ellen Mueller
		Session 3	<i>Discovering Peru and Bolivia</i>	David Foglesong
		Session 4	<i>Viva L'Italia: Lake Como</i>	Lisa Wade
		Session 5	<i>Highlights of Scotland</i>	Ellen Mueller
		Session 6	<i>Exploring Canada and New England</i>	Ted Pile

WEDNESDAYS 12:30-2:00 PM				
	9/10-10/15	12:30-2:00 PM	Gardening	Snow Ferrenia
	9/17-11/5	1:00-3:30 PM	Multi-Genre Creative Writing	Frances Cowhig
	9/10-10/15	1:00-2:30 PM	Introduction to Thomas Aquinas	Paul Macdonald
	9/10-10/15	12:30-2:00 PM	The Life and Works of Mark Twain	Cindy Pojeta

THURSDAYS 10:00-11:30 AM				
	9/11-10/16	10:00-11:30 AM	Robotics Survey	Sonia Vanhook
	9/11-10/16	10:00-11:30 AM	Martial Arts/Self Defense	Randall Mullins
	9/11-10/16	10:00-11:30 AM	World War II Combat Aircraft	John Bradley
	9/11-10/16	10:00-11:30 AM	Genealogy Lab	Paula Moad
	9/11-10/16	10:00-11:30 AM	Virtual Road Trip	Monica Hoel
		Session 1	Purple Martin	Tom Brake
		Session 2	Coyote's Wild Home	Lily Kingsolver
		Session 3	Mysterious Life and Disappearance of Wally Thrasher	Ron Peterson
		Session 4	Captivating Sports Stories	Joe Matthews
		Session 5	Minnie Pearl's Assistant	Lori Freeman
		Session 6	Museums of Wythe County	Grant Gerlich

THURSDAYS 12:30-2:00 PM				
	9/11-10/16	12:30-2:00 PM	Extraordinary Women of the last 100 Years	Linda Davidson
	9/11-10/16	12:30-2:00 PM	Tension Between Good and Evil	Darcy & Rouse
	9/11-10/16	12:30-2:00 PM	Genealogy Lab	Independent Work
	9/11-10/16	12:30-2:00 PM	Recovering Your Finances	Haubner & Wann