You are invited to the College for Older Adults’

Welcome Back Party

Wednesday, August 31, 2022, from 10am until 12 noon

The Grand Hall of the Higher Ed Center

Please bring a friend.

Registration for classes will be available

No schedules or registration forms will be mailed out. Printed copies will be available at the Higher Ed’s front desk starting August 22 and will also be available at the Welcome Back Party.

WAYS TO REGISTER

1) ON-LINE: please go to www.swcenter.edu/coa. The schedule/registration can be downloaded and printed. And one can pay and register securely for classes with a credit card on the website.

2) COME-IN: There will be printed schedules/registration at the Higher Education Center front desk starting August 22.

One can pay for classes with a credit card, cash or check. There are also computers available at the front desk to register on-line.

4) WELCOME BACK PARTY: One can register for COA classes with a credit card, check or cash at the party on August 31.
The Arts Array series of movies and concerts is back and the COA will be selling fall passes for $30.00. There will be 12 movies and 8 concerts during the fall term. We will have more information as it becomes available to us from the Virginia Highlands Community College.

PLEASE NOTE.

- Face masks are not required, but please feel free to wear one. Some will be available at the Higher Ed Center, but it is probably wise to bring your own.
- There will be only two times per day that classes are offered – at 10am and 12:30pm. We could not get a caterer for the lunches and therefore we lengthened the lunch/social time to one hour to allow anyone to leave, get lunch and come back. We also thought that the shortened daily schedule would allow for more social interaction among our members.
- As a special “Welcome Back” one time offer the cost for the fall term will not be $40.00, but $30.00.
- We are in the process of trying to get food trucks to come to the Higher Ed to serve lunch. More later.
- Some Special Classes may require an additional fee for materials, supplies or admission. **Do not include that fee in your COA registration – it is to be made separately.** To take Special Classes, one must be a COA member paying the full $30.00 fee. Please make checks out as described in course description.
- If possible, please pay the COA membership fee by credit card. The COA can refund your registration fee immediately if you must cancel. If you pay by check or cash, it may take several weeks (and an act of Congress!) to get a refund.
- No refunds will be made after the second week of classes unless there are valid health or personal reasons.
- Please do not sign up for classes that are limited to a specific number of students unless you are certain you can attend. When you sign up and don’t attend, someone else has lost the opportunity to take the class.
- Please note that the room assignments given in this schedule may not be the ultimate room the class is held in – room assignments change due to size of class enrollments. Please check with the info desk, posted notices, or the “Classroom Assignment” sheets that are available with the name tags.

**TUESDAYS, SEPTEMBER 13 – OCTOBER 18, 2022**

10:00am – 11:30am

_____ **The Problem of Evil.** *(room TEA)* What is called “the problem of evil” is usually stated this way: if God is all-loving and all-powerful, then why is there so much evil and suffering in the world? If God is all-loving, then He would want to remove all evil. And, if He is all-powerful, then He has the power to eliminate all evil. But obviously, there is still a great deal of evil and suffering in the world. From the perspective of Christian theology, why does this situation exist? **Instructor: Robert Rainwater, Ph.D., taught philosophy and religion at Virginia Intermont College for 33 years. He currently pastors the Piney Flats Presbyterian Church.**

_____ **Financial Planning for Older Adults:** *(room 226)* This course will discuss financial planning strategies for people nearing retirement or living in retirement. We will focus much of the discussion on investing principles and fundamentals of financial planning. Then, we will talk about current economic and market conditions, what you might consider doing now, and the impact of possible economic
outcomes on your financial plan. **Instructors: Mark Tipton and Sylvia Robins, Edward Jones Financial Services.**

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**Cleanse, Heal, & Defend Foundation** *(room 129)* This is a course based on the popular spiritual self-help book on Amazon.com (by the same name) that assists people to proficiently recognize, interact, and develop an understanding of the Spiritual Soup around us. The emphasis will be on encouraging participants to discover and develop their spiritual skills as they observe and interact in live classroom demonstrations. Bring a yoga mat, personal pendulum (you can make one in class) or your divining rods, and an open mind as we work with the chakras, aura, and the spiritual entourage that walks with all of us. **Instructor: Philip Ernst, MSN, RN-BC**

**Lunch and Social Hour 11:30am – 12:30pm**

**TUESDAYS   Sept. 13 – Oct.18, 2022**

12:30pm – 2:00pm

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**Great Legal Movies.** *(room TEA)* Join Erin Oneisom for a series of movies centering on the legal profession and great court cases. Erin will offer a brief history and background for each of the movies. Popcorn will be served!!! Movies to be shown include: *My Cousin Vinny; Inherit the Wind; To Kill a Mockingbird; 12 Angry Men; A Few Good Men.*

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**Meet the Museum.** *(at the Museum*) There are only four classes to this course – Sept. 13, 20, 27 and Oct. 4. Please see the Great Movies class for the last two classes. Get to know **William King Museum of Art** through this 4-part overview of everything you always wanted to know about this nationally-accredited museum that has so much to offer. Learn about its history, its always-changing exhibitions, its distinctive collection of regional antiques, and its new Art Lab with resident studio artists, classes, workshops and more. Sample Art Lab offerings, enjoy behind the scene tours, gallery talks by experts, and even a short tutorial on accessing the museum’s information online.

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**American Classics: To Kill A Mockingbird.** *(room 226)* Join us as we discuss *To Kill A Mockingbird* by Harper Lee. *To Kill A Mockingbird,* written in 1960 and a Pulitzer Prize winner, examines race and justice in the depression era South from the view of Scout Finch, one of the most beloved characters in American fiction. We will study the life of Harper Lee, social issues during the depression, and follow the road to adulthood with Scout and her brother Jem. **Instructor: Sally Jones of the Washington County Public Library.**

**WEDNESDAYS   Sept. 14 – Oct.19**

10:00am – 11:30am

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**Around The Bend.** (room 218, room 130 on Sept.28) Some of the most amazing places to visit and learn about are right here in Southwest Virginia, so this year’s Emory & Henry Road Trip is going to give us a chance to learn about what lies just around the bend! We'll learn about nearby Natural Area Preserves, a local museum you may not have known about, upcoming events that will give you a chance to explore -- an amazing array of great places to visit that are just around the next curve! Roll down the window and join us for the ride! Host: Monica Hoel, Alumni Director, Emory and Henry College.

**Photography Is Too Much Fun!** (room 247) This is a hands-on, entry-level course which covers the basics of photography. We will review the basics of your phone/camera, how to compose and take good photos, how to organize your photos, and how to process photos for printing using free photo editing software available on the Internet. Note to the student: This is a hands-on class. From the first day, you will be asked to take photos with your camera and manipulate them. Be sure to bring your camera/phone, a transfer/charge wire to copy your photos to a lab computer for processing equipment and software: phone/camera; transfer/charge wire from phone/camera to computer; thumb drive to store processed photos (if you want to take them with you), email account (optional), familiarity with computer skills (entry level), familiarity with organizing files on a computer (entry level). Software used includes: Windows File Explorer (file organization software for photos). PIXLR X (https://pixlr.com/x/). 
Instructor: Mary Sullivan, retired IT professor at Virginia Highlands Community College.

**THE KING UNIVERSITY LECTURESHIP SERIES**

**The Seven Deadly Sins and You (and Me, and Everyone)** (room TEA) Western Christian tradition identifies seven vices or sins as especially "deadly": Pride, Envy, Anger, Sloth, Greed, Gluttony, and Lust. Why seven? Why these seven? How should we define each one? Who first came up with them? Why have a list? The seven have been the stuff of art and politics, movies and novels for a long time. Come learn the fascinating story behind our worst inclinations and what the past and present have to say about them. Instructor: Glenn Sanders, Ph.D., is Dean of Arts and Sciences and Professor of History at King University. In addition to his administrative responsibilities, he studies and writes about how colleges can create environments for the spiritual and moral growth of their students. He and his wife Alice live in Bristol, Virginia.

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**The Fall Landscape - A Gardeners Perspective.** (room 218, room 130 on Sept.28) Let’s look beyond the spectacle of foliage colour and lower our eyes to the flowers in the Autumn landscape and the garden task best done at this time of year. Let’s review the past growing seasons and plan any changes or improvements we want to make. Instructor: Snow Ferreniea, gardener, wildflower expert, and author.

**Word.** (room 247) Join Sonia Vanhook for a course in using Microsoft’s Word software. Class will cover all aspects of the program from simple documents to the more complex. Sonia welcomes anyone with some computer skills (no raw beginners, please!).
THURSDAYS Sept. 15 – Oct. 20

10am – 11:30am

_____ Beethoven. (room TEA, except Sept. 29 in room 130) His Life and Revolutionary Music. Ludwig van Beethoven’s evolving artistic ideas and prolific output led to the most significant upheaval in modern music history. His 722 compositions included nine symphonies, five piano concerti, one opera, 35 piano sonatas and 16 string quartets. Beethoven reinvented the way music was composed and heard, disrupting the refined “powdered-wig” musical styles of the 18th century. His innovative works transformed predictable classical structures to unleash unfamiliar instrumental textures, dramatic contrasts and tensions. His wholly original compositions - many of them masterpieces - were considered revolutionary at the time, and his musical imprint remains indelible to this day. Our course will focus on filmed concert performances of selected Beethoven works by conductors Herbert von Karajan and Leonard Bernstein. Join Lee Saunders in an appreciation of the greatest composer of the last 200 years.

_____ Online Genealogy. (room 247 ) This class is not for the beginning computer user. The class involves hands on research of genealogical sources and histories on the internet. Members of the class will have free use of several online sources. Instructor: Jerry Schuler

_____ What’s New in Astronomy. (room 226) While the humans on this small planet have been worrying about Covid for the past two years, what has been happening in the wider universe? In this course, we will focus on recent astronomical topics that have made it to popular news articles. These might include the amazing new James Webb instrument and other major telescopes, ongoing Mars missions, fascinating images contributed by professionals and amateurs all over the planet, and perhaps some really weird stuff out in the cosmos. Some background on the space and time scales needed to appreciate the universe will be provided, as well as Web links for you to explore. We welcome your questions and suggestions for future topics. Instructor, James Warden, Ph.D., associate professor of physics emeritus Emory & Henry College.

12:30pm – 2:00pm

_____ Foundational Principles of Western Democracies (room TEA, room 104 on Sept.29) This class will examine the historical roots and core principles of the western democratic tradition. These historical perspectives and principles are vital and pivotal in our current world which has seen an uptick in authoritarian thought and practice. A brief overview of our United States Constitution will also be discussed. Instructor: Randy Smith, historian and recipient of the Teacher of the Year Award from the John Marshall Foundation. given in recognition of excellence and innovation in the teaching of the U.S. Constitution.
___ **JFK Revisited.** (room 130) This is a Great Courses series and will be streamed into the class. Do you remember where you were and what you were doing when you heard that President Kennedy had been shot? This course takes a fresh look at JFK almost 60 years after his assassination.

_____ **Selected Stories of William Trevor.** (room 149) Niota Hensley, M.A. and Judith Wylie, PhD. will be teaching the class on the short stories of William Trevor, a renowned Irish writer. Participants should purchase *Selected Stories* (Penguin Books, 2009) and read "A Friendship" for the first class. This is a discussion class so read closely (even twice) and make notes of questions or comments to bring to class